

16 400m Freestyle Men Heat

OLY QT Olympic Standard **3:46.78**

















NZR Open New Zealand Long Course **3:47.09** 2012-03-25 Matthew Stanley
 MATWK

18yr 18 Years New Zealand Long Course **3:49.50** Standard

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Entries Heats Summary

Total

Rank	Competitor	Age	Club	RT	PTS	Result
1	 Clareburt Lewis	24	 Club 37	+0.71		3:53.83 Entry: 3:52.10 (+1.73)
	50m: 26.33	100m: 55.19 (28.86)	150m: 1:24.85 (29.66)			
	200m: 1:54.99 (30.14)	250m: 2:25.06 (30.07)	300m: 2:55.18 (30.12)			
	350m: 3:24.94 (29.76)	400m: 3:53.83 (28.89)				
2	 Reid Zac	24	 Neptune Swim Club	+0.71		4:00.21 Entry: 3:48.92 (+11.29)
	50m: 27.79	100m: 58.17 (30.38)	150m: 1:29.28 (31.11)			
	200m: 2:00.35 (31.07)	250m: 2:30.35 (30.00)	300m: 3:00.52 (30.17)			
	350m: 3:30.50 (29.98)	400m: 4:00.21 (29.71)				
3	 Le Roy (V) William	20	 Club 37	+0.58		4:00.99 Entry: 4:09.23 (-8.24)
	50m: 27.80	100m: 57.63 (29.83)	150m: 1:27.74 (30.11)			
	200m: 1:58.21 (30.47)	250m: 2:28.47 (30.26)	300m: 2:59.04 (30.57)			
	350m: 3:29.94 (30.90)	400m: 4:00.99 (31.05)				
4	 Visser Brendan	18	 Coast Swimming Club	+0.73		4:01.42 Entry: 3:57.63 (+3.79)
	50m: 27.52	100m: 58.16 (30.64)	150m: 1:29.21 (31.05)			
	200m: 2:00.28 (31.07)	250m: 2:30.69 (30.41)	300m: 3:01.03 (30.34)			
	350m: 3:31.43 (30.40)	400m: 4:01.42 (29.99)				
5	 Hamblyn-Ough Larn	18	 Coast Swimming Club	+0.76		4:07.71 Entry: 4:01.82 (+5.89)
	50m: 27.50	100m: 58.17 (30.67)	150m: 1:29.26 (31.09)			
	200m: 2:00.48 (31.22)	250m: 2:31.68 (31.20)	300m: 3:03.78 (32.10)			
	350m: 3:35.75 (31.97)	400m: 4:07.71 (31.96)				
6	 Potier Jack	17	 Coast Swimming Club	+0.70		4:09.39 Entry: 4:06.82 (+2.57)
	50m: 27.67	100m: 57.83 (30.16)	150m: 1:29.04 (31.21)			
	200m: 2:00.93 (31.89)	250m: 2:33.25 (32.32)	300m: 3:05.86 (32.61)			
	350m: 3:38.24 (32.38)	400m: 4:09.39 (31.15)				
7	 Fawkner Dominic	20	 Mt Maunganui Swim...	+0.73		4:23.48 Entry: 4:13.59 (+9.89)
	50m: 28.58	100m: 1:00.62 (32.04)	150m: 1:33.24 (32.62)			
	200m: 2:07.07 (33.83)	250m: 2:40.69 (33.62)	300m: 3:15.06 (34.37)			
	350m: 3:49.59 (34.53)	400m: 4:23.48 (33.89)				
8	 Mellsoy Curtis	21	 Nga Tai Tuatea a Tar...	+0.78		4:23.90 Entry: 4:16.81 (+7.09)
	50m: 29.90	100m: 1:02.61 (32.71)	150m: 1:36.34 (33.73)			
	200m: 2:10.69 (34.35)	250m: 2:44.94 (34.25)	300m: 3:19.35 (34.41)			
	350m: 3:53.07 (33.72)	400m: 4:23.90 (30.83)				